

MASSAGES

BACK, NECK & SHOULDER **\$79**
The attention is concentrated on these areas to release stress & tension. **30 mins**

FOUR HANDS MASSAGE **\$278/398**
Allows for more intense muscle-soothing than a regular massage **60 / 90 mins**

SWEDISH MASSAGE **\$139/199**
Induces relaxation, relaxes tired muscles and improves circulation. **60 / 90 mins**

DEEP TISSUE MASSAGE **\$159/219**
Firm massage with deep penetrating pressure to release, knots, stress accumulation, and revert body's muscles to their natural suppleness. **60 / 90 mins**

LOMI LOMI **\$149/209**
A Hawaiian Technique of relaxing and healing massage, using longer strokes with the forearm rather than with the palms. **60 / 90 mins**

HOT STONE MASSAGE **\$169/229**
The warmth of the stones in this massage penetrates deep to relieve stress, melt away tension and re-balance your body. **60 / 90 mins**

THAI MASSAGE **\$169**
An extraordinary combination of stretching, massage and acupressure leaves you flexible and with improved circulation. **75 mins**

COUPLES MASSAGE **\$279/399**
Share in an hour or 90 mins. of relaxation together - wonderful for couples, mothers & daughters, best friends, family - everybody! **60 / 90 mins**

PREGNANCY MASSAGE **\$149**
Tailored to your specific needs, our therapists know how to pamper a “mommy to be” and relax those aching muscles. **60 mins**

GIFT CERTIFICATES AVAILABLE

SIGNATURE MASSAGES

LANI KINO (HEAVENLY BODY) **\$199**
Enjoy a one hour Swedish Massage paired with a Cinq Mondes mini Radiance Facial.

This popular combination offers relaxation and a refreshing facial experience in one convenient session. **90 Mins.**

WAHINE KULA (GOLDEN WOMAN) **\$199**
The golden energy of Kamakahonu will bring harmony to your mind, body and spirit. We begin by exfoliating your legs with Scrub to reveal softer, more luminous skin. A soothing back, neck & shoulder massage to release tension is followed by Cinq Mondes Mini Radiance Facial. Feel radiant and rejuvenated. **90 Mins.**

KO'ELE (TREASURE OF THE SEA) **\$199**
Discover secret treasures of the Caribbean Sea. Begin with an exfoliating Ginger Honey Body Scrub. Next, receive a rhythmic Therapeutic massage with organic massage oil. Finally, a hot coconut oil scalp massage quiets your mind and enhances your deep relaxation. **90 Mins.**

PUA'I WAI (GIFT FROM THE KING) **\$199**
To draw out tension and body toxins, start with a leg and foot wrap. A Caribbean hot stone massage rejuvenates and relaxes you. Finish with a hot coconut oil scalp massage to clear your mind and leave you feeling young and vibrant. **90 Mins.**

Mobile Services

We offer a mobile service if you prefer our therapist to visit you at your home, Villa, Yacht or favourite spot.

Surcharge of \$20 per treatment

CINQ MÔNDES FACIALS

CINQ MÔNDES
Mini Radiance Ritual **\$89**

A quick yet indulgent escape for your skin and senses. This express ritual combines Cinq Mondes’ botanical care with gentle cleansing, exfoliation, and hydration to instantly revive tired skin. Perfect for those short on time who still crave a touch of radiance and renewal. **30 Mins.**

CINQ MÔNDES
Caribbean Cleanse Ritual **\$159**

This purifying facial uses Cinq Mondes botanical formulas to deeply cleanse, exfoliate, and detoxify the skin. Gentle flower and fruit extracts draw out impurities, refine pores, and restore the skin’s natural balance—leaving your complexion clear, fresh, and beautifully smooth. **60 Mins.**

CINQ MÔNDES
Radiance on the Rock Ritual **\$159**

Experience a glow-enhancing facial inspired by Cinq Mondes’ beauty rituals from around the world. Through gentle exfoliation and brightening botanicals, this treatment restores clarity, evens tone, and awakens a healthy, luminous glow. **60 Mins.**

CINQ MÔNDES
Island Eternal Youth Ritual **\$159**

A luxurious facial designed to smooth, firm, and rejuvenate the skin using the powerful botanical science of Cinq Mondes. This ritual boosts collagen, improves elasticity, and deeply nourishes—helping your skin regain its youthful vitality and glow. **60 Mins.**

ISLAND SPECIALTY PACKAGES

CINQ MÔNDES
Total Body Indulgence **\$399**

Begin your half-day spa indulgence with a Cinq Mondes aromatic body scrub & hydrating aloe wrap, followed by 1 hour full body Aromatherapy massage. Finish with a customised Cinq Mondes 60-minute facial, including a scalp and foot massage. Leave with a youthful, hydrated skin, looking radiant and renewed! **3 Hrs.**

KING OR QUEEN'S DAY **\$399**

This treatment, fit for a king or queen, begins with a ginger honey scrub exfoliation and a detoxifying Seaweed Wrap. Deepen your relaxation with the oceanic rhythm of a 60 min. Therapeutic massage, followed by a custom Cinq Mondes facial to give your skin a rejuvenated glow. **3 Hrs.**

CARIBBEAN HEALING STONES **\$379**

Experience the healing power of the island, beginning with an exfoliating ginger and honey scrub and soothing ‘Awa mud wrap. Then, melt into pure bliss during a 60 min. hot stone massage soothing the body and the mind. The combination of gliding heated stones and rhythmic pressure stimulates circulation, melting away tension from tired muscles. The experience is enhanced with Cinq Mondes Radiance on the Rock Facial. **3 Hrs.**

ALOHA HEAD TO TOE **\$379**

The ultimate total body relaxation with a customised 60 minute Massage including an 'Awa scalp massage, followed by Cinq Mondes Caribbean Cleanse facial. Your pampering continues with a rejuvenating manicure or pedicure. Send a warm Aloha to your entire body from your head to your toes. **3 Hrs.**

BVI RESIDENTS GET
FLAT 15% DISCOUNT



BODY TREATMENTS

(All scrubs and wraps include Vichy shower)

CARIBBEAN SEA SALT GLOW \$129

Using raw sea salt harvested from Salt Island. Exfoliation is followed by a moisturizing massage. The perfect pre-tan treatment. **45 mins**

ALOE SUNBURN RELIEF \$139

This soothing wrap provides instant relief for Sunburn and helps to restore moisture to dry, dehydrated skin. Aloe, essential oils and iced towels are applied. You receive a hand & foot massage. **60 mins**

FULL BODY SEAWEED MASK \$179

The ultimate in luxury Spa treatments. Organic warm algae is applied to the body from the shoulders down and you are enveloped in a heat retaining thermal wrap for 20-30 minutes to detoxify, tone and nourish the skin. A foot and scalp massage is included and an after moisturizer is applied. **60 mins**

ISLAND GINGER HONEY SCRUB \$139

This wonderful exfoliation treatment leaves skin looking and feeling fresh, smooth, and polished. Excellent for the lymph system. **60 mins**

ISLAND COOLER \$195

An invigorating Sea salt scrub, followed by a re-hydrating aloe wrap that concludes with a moisturizing massage. A signature three-in-one treatment of The Lotus center. **90 mins**

HYDRO - THERAPY

Start your experience with your choice of these restorative Hydro-Therapy practices. Available individually or as a perfect addition to your spa experience. Half price when added to another treatment and **15 MINUTES FREE** when you book any **90 minute treatment**.

STEAM / VICHY SHOWER \$25

Vichy Shower includes you lying down on a cushioned, waterproof table as you're showered by 5 overhead water jets. **15 Mins**

COMPLEMENTARY THERAPIES

REFLEXOLOGY \$85/159

This therapeutic foot massage includes applying pressure to points on the feet that will relax the nerves, aiding the body to recover and heal its imbalances. **30/60 mins**

ACUPUNCTURE (One session) \$109

Balances the flow of energy (chi) through the meridians and specific points on the body. Sessions are tailored per your needs.

PACKAGE OF THREE SESSIONS \$275

PACKAGE OF FIVE SESSIONS \$439

ONE TO ONE YOGA \$75

A personalized session - tailor-made to your needs - for improving concentration, peace, agility, pain relief and much more. **60 mins**

BENEFICIAL ADD-ON'S - \$20 PER CHOICE

HEMP MASSAGE CREAM

Helps reduce tension for targeted areas and relieve chronic pain, conditions the skin, making it supple and soft

HOT STONES

Use of 3 to 4 stones to ease muscle tension and pain, reduces stress and anxiety

COLLAGEN FACE MASQUE

Sheet face mask hydrates and refreshes skin (*if not getting a facial)

HOT COCONUT OIL SCALP MASSAGE

Moisturises your scalp and hair, includes a relaxing scalp massage, concluding with a hot towel wrap

AROMATHERAPY

Enhance your treatment with a sensory escape, designed to soothe senses and promote deep relaxation

HAIR REMOVAL

Eyebrow Shape \$39

Top Lip/Chin \$27

Under Arms \$30

Half Leg \$39

Full Leg \$65

Half Arm \$39

Full Arm \$55

Bikini Line \$50

Brazilian Bikini Line \$79

Half Back \$65

Full Back \$79

Tinting - Brow/Lash \$39/45

HAND AND FOOT TREATMENTS

Express Manicure or Pedicure \$45

Cut, Shape, Buff and Polish **15-30 mins**

Classic Pedicure \$85

Cut, Shape, Buff, Polish, Scrub, Massage and Cuticle Treatment. **30-60 mins**

Gel Pedicure \$95

Classic Pedicure Plus Gel Polish **45-75 mins**

Classic Manicure \$75

Cut, Shape, Buff, Polish, Scrub, Massage and Cuticle Treatment. **30-60 mins**

Gel Manicure \$85

Classic Manicure Plus Gel Polish **45-75 mins**

Polish Change / Gel Removal \$30

SILVER MEMBERSHIP

\$99/YEAR

Benefits: Flat 25% Discount On All Services & Quarterly Free 15 Mins of Vichy Shower / Steam
*BVI Residents only

***Appointments are also available before and after business hours.**

Ask for 5 Massages & Get 1 Free



**Virgin Gorda Yacht Harbour
British Virgin Islands**

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are welcome.**



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